

Humanity's Heart

Artist Dr Robyn Mills

Humanity's Heart

Title Piece



I am Woman and I am Humanity's Heart

I am Woman and I am Humanity's Heart. The centre of my heart is a clear space that has sparkles at its base, they contain all the purposes and potential that will manifest throughout my life.

My first love was my mother, as her heartbeat brought me life itself. A shared experience with my twin brother as the feminine and masculine energy intertwined. My first breath ensured that my heart could beat perfectly on its own, yet fully dependent on others, for not only for my physical existence but for nurturing the capacity of my heart to learn to love.

As a young girl, my heart expanded into deep pinks and bright gold energy radiating in all directions from its core. I sing whenever and wherever I am and cartwheel my way through life. This is the expression of the life force of my heart.

Family broadened my hearts' understanding of the world and taught me their importance in my life. My heart just wanted to shine, dance, sing and share happiness with those around me.

Friendships too along the way enriched my life in ways that I could never have foreseen, as though each was meant to be. My heart sparkles with many, many deep moments with my beloved friends. Some for a moment, others a season and some who touched my soul and my heart will be forever deepened in love.

Along my journey in life, masculine energy crossed my path many times and intermingled with the feminine. The deep swirls of blue can be seen surrounding my heart and deep within it, reminding me how important masculine energy is in life and how they share an important place in my heart. I stand in gratitude for being a woman and for the masculine energy that dances within my heart.

The greatest gift is that of being able to bring souls into the world. To do as my mother did and her mother before her, give life to another. This is the gift of eternity, that part of you travels on within your children long after you have gone. I have been blessed with many grandchildren who have all opened parts of my heart that I didn't know existed, deepening my ability to love and be loved. Grandchildren are the gift of life your children give to you. My heart expanded its gold energy of love whenever a new grandchild entered my world.

My heart has had many purposes throughout my life helping others in reciprocal ways. Humanity's Heart is the culmination of all the experiences in life leading to this moment, to become an artist. At the level of the heart we are all the same. The heart doesn't know what size, colour or religion we are. My heart beats to the rhythm of humanity's heart just like yours. My art ignites the heart and expands the love of Humanity.

Heart 1



Soul Mates

With a spark of love and as if in a magical instant, Humanity expanded, the creation of a person destined to be gentle, kind and loveable. They entered the world with all the potential of a full and loving life. Their heart sparkled and overflowed with love. Even as a small baby, when they smiled at another person and the other person responded in love, they exchanged a small part of their heart with another. This continued to grow throughout the life of the child, engaging with humanity through its many diverse nations. This is shown in the colours and shapes within the heart. No two exchanges of love were the same.

One day they saw a person sitting on the beach gazing out across the water and their heart skipped a beat. When their eyes met, they were touched deeply through their heart and into their souls. Soul Mates who were born to be with each other were instantly connected. The sparkly silver and rainbow part of their heart was energised and expanded into the world for all of humanity to see. They wore it as a badge of honour to show humanity the meaning of true love. When they engaged and expanded humanity, their children blossomed into parts of their hearts that exuded love and were raised to the surface of their heart for all to see. Their love overflows into the collective heart of humanity for all of us to share their love.

Heart 2



The Feminine Human Heart

One day all the feminine energy in the universe came together, millions of pastel coloured stars converging for love. They each brought special attributes of love, trillions of them, so many that Humanity doesn't have enough words to describe them.

They came together to design and create the feminine heart of Humanity. Out of the centre of the swirling hearts emerges a pure, bright, shimmery heart bringing forth all the aspects of femininity from the ethers and from millennia to shower us with a soft and compassionate understanding for one another. So much love emanates from it that it influences the collective heart of Humanity

Heart 3



Love as an Energy

Imagine if you can, that every loving feeling that has ever emanated from a human heart, is an energy, a vibration, that travels through time and space. It moves through the universe endlessly attracting other expressions of love and, as if magnetised, they come together to form rivers of love streaming across the Milky Way and beyond to galaxies far away.

Each time you reached out to another in love, you touched another in love, you spoke words from the heart, you gave something to another or you helped a fellow human being with compassion, you added to the river of love that flows throughout the heavens. Each time you received a gift of love and your heart was open to it, it is added to the Collective love of Humanity.

Now imagine that at any time you can connect to that powerful river of love and draw energy into your heart to engage, energise and expand that love within you. This collaborative love of Humanity is available within an instant, swelling your heart with love which can be seen and felt by those around you. Your heart stands out like a shining beacon of light. The power of the Collective Human Heart is freely available to us all.

Heart 4



Creation

I wondered about the Human Heart, why does it stop beating for some in a few moments or some in years and others decades or even a century or more? I asked the question and within moments, Mother Earth whispered to me, the Human Heart never dies, it replicates itself over and over again. Each new heart carries the wisdom and knowledge of all the hearts that have gone before them through every generation. The heart has memory cells too and remembers how to feel love, joy, excitement, compassion and how to be human. The purest centre of the heart radiates a magical sparkling rainbow of energy that creates new cells.

The journey of a heart cell is an amazing one. A cell is born and immediately begins to vibrate. It knows from the moment it is created that its job is to beat. Each time that cell divides and multiplies, the cells vibrate in unison until the heart is fully formed and the heart begins to beat. The important thing to remember is 'in unison', each cell relies on the other cells to vibrate together, to work to create a heart that can beat as one.

Humanity too is very much the same. We must work together in unison to create a world where we can all survive in abundance. Each individual human has an important role to play in the whole of Humanity. It is not possible to survive alone, only together can the Collaborative Human Heart flourish and bring us all we desire.

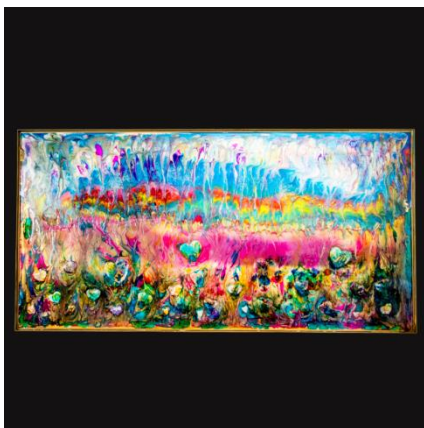
Heart 5



Your Heart in Divine Hands

I wandered along the beach, looking out upon the ocean watching the waves roll in. I thought about all the people that have come into my life for a season or a reason. Some passed through quickly while others continue to remain steadfast by my side. Somehow the ocean reminds me of all the people that have passed over, many of them way too soon and all of them before I was ready. There were times when my heart was broken and I thought it would never heal from the shock. These moments, days and weeks seemed like a lifetime and I felt overwhelmingly alone. Little did I know that throughout these painful times the gentle hand of Humanity was holding my heart, keeping it together, giving it all the time it needs to heal and become whole again. The cellular structure of the heart knows how to heal itself when being held in a safe place, regenerating from the Collective love of all people, past and present. All experiences of love, fleeting or enduring, remain in the cells of the heart for all eternity

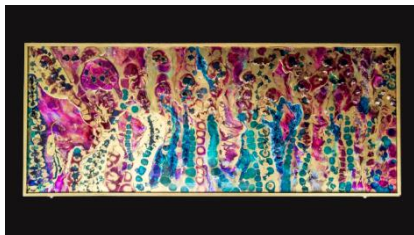
Heart 6



Birthplace of Humanity

Come see! Here is the birthplace of the hearts of Humanity. They bubble up from the universal well of love they are created from. They are infused by the swirling colours of the rainbow that bathe them in joy, peace, harmony, compassion and love. As they emerge, they travel through the layers of guardians who guide and care for them, not only for their birth but for all eternity. The guardians whisper messages of love and wisdoms that they will innately know throughout their existence. The hearts dance together as they rise-up. The music they dance to is sung by the choir of spirit-beings who oversee their birth, singing them into existence in angelic tones that fill their heart until it is overflowing, with the capacity to be human, to love. Be still and remember that you are surrounded by these guardians and if you really listen you can still hear the choir singing.

Heart 7



Heart Print

A single heart emits waves of energy that can be easily felt by others. When you enter a room, you can instantly feel the energy. I call this our 'heart print', the energy that we bring into a room which continues to be felt by others long after we have left. The vibration of the heart is a continuous process, it can't be hidden or forced, it freely bubbles to the surface where it can be felt by others.

When many hearts come together, they bring with them all the colours of the rainbow, creating swells of energy. Some hearts bubble energy upwards to the pools of unconditional love and others draw energy in for healing and emit gratitude and love. This looks and feels like an ocean of love where hearts can heal and be healed. They ride the swirling energy like waves becoming part of the Collaborative Human Heart. The synergistic effect of many human hearts all beating as one is greater than any individual heart could be alone. Walk this world in peace and love and know that when you enter a space you bring the energy of your heart with you and wherever you go you leave a heart print. Choose to resonate with love and joy.

Heart 8



My Purpose

Have you ever felt like you just don't know what you're meant to do, say, think or create? What your gifts and talents are or what your purpose is? Maybe you thought that others had these things and somehow you missed out. The secret is that there are so many choices for you, and they fly around your heart like millions of stars, circling your heart until you are ready to choose one and bring them into your heart centre.

Each heart is surrounded by millions of possibilities, choices to be made. The wonderful thing about this is that you can try as many as you want until you find the ones that make your heart sing! When you grow and change and they no longer make your heart sing, you can choose another. The possibilities are infinite and they are all yours. When you embody them they bring all the wisdom that you need to manifest them in all their glory. When the heart is open they enter with ease and your purpose becomes clear.

The wisdom here is to trust and to begin.

Heart 9



The Heart Lives in the Now

Do you think that hindsight should be available earlier? That we shouldn't have to wait until the experience is over to look back with clarity and see it in a different light? Hindsight is useful to the mind, but the heart lives in now and at the same time remembers all the experiences that have gone before. There might be a feeling of sadness and suddenly all the times that you have been really sad come to mind and seem to be joined together. You might giggle and all the times you were tickled and laughed until you cried come to your memory. It seems that the heart remembers and somehow categorises life's experiences.

You can see in this heart the different parts are bubbling and sparkling to the surface, even overflowing beyond the heart. The different colours are representing the exchange of energies with others, but also the keeper of similar experiences, taking them into a safe place to be accessed in the present moment when opportunity arises. It's as though the heart says "I know this feeling" and directs the energy to that place within the heart and the true depth of the emotion is felt.

The heart does this without judgement, it just matches the feeling and brings it to the surface to be fully embodied. All the emotions are accessed instantaneously, perhaps joy, love, compassion, sadness, fear or gratitude. You can switch from any emotion to another in a microsecond too. Think for a moment of feeling lost and a friend comes a long and hugs you. Your heart remembers the feeling of being truly loved by another and brings love to the surface, flooding every cell in your body with a feeling of being loved. Yes the heart remembers and lives in the now.

Heart 10



Heart of Gold

We have all heard the saying 'she has a heart of pure gold'. That is the heart of someone who senses what another needs and goes above and beyond to help that person. We often call these people 'selfless' as they are always giving to others.

This heart which stands before you, emanates pure gold from its very core and is detailed and complex. It is 'self-ful' rather than 'selfless'. This heart represents those people in humanity who live deep and rich lives and are able to give to others because their own hearts are full. They have experienced many things in their lives and their heart is multilayered. It is the wisdom of these experiences that allow them to tap into other peoples needs easily and with such joy. When they do this, pure gold energy flows into every corner of their heart and they are replenished. Joy is theirs through giving and caring for others and their lives are enriched by tapping into the constant stream of gold energy. It is important to remember that their love for Humanity knows that every heart is worthy of being loved by another including themselves. A heart of gold reaches out to others while at the same time pouring inwards to fill itself.

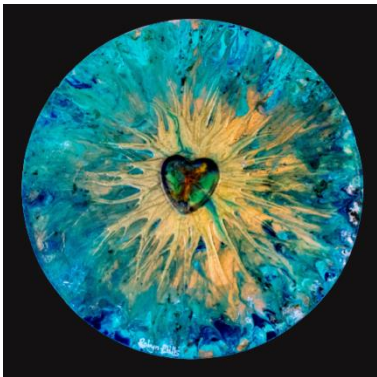
Heart 11



Turn Over a New Leaf

Sometimes there are moments or periods in life where we feel a little lost, unsure of who we have become. Perhaps we heard ourselves being critical of others, judgmental, irritable or simply downhearted. When this feels like it is becoming a familiar pattern, it's time to take stock and tap into all the resources your heart has to offer. It is important not to be tricked into believing that this is who you are, rather, it is a red flag to tell you that its time to reflect and re-energise your loving heart. Remind yourself that you are always surrounded by love and all the vibrant energy that your heart desires is within it. When you tap into this energy it flows beyond the heart and to others, the judgments fall away and you see the beauty in others and have compassion for them. The voices that were once critical become silenced and they speak the truth of the heart. When these moments occur, turn over a new leaf in your heart, like a page in the story of your life, step into your heart and engage with its magnificent love.

Heart 12

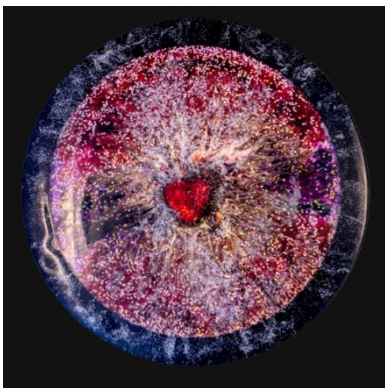


Guardian of the Heart

Sometimes it feels as though our heart needs protection, times when we feel wounded or at risk of being emotionally hurt. At these times we might automatically go within and put a barrier around our heart, 'putting a wall up' to protect ourselves. This withdrawal and going within keeps us safe, yet it also stops us relating to those around us who love us.

The question arises then, how do we protect ourselves and still be in a loving space? When this heart was created, it was layered with swirls of gold and green love flowing into every part of this circle of life. When the centre of the heart raised above the rest, a guardian appeared in the clear transparent heart. Her hues of gold and earthy tones clearly showing her form. It came to me that having a guardian watch over your heart to protect, guide and bring clarity to every situation was perfect. I have called her the Guardian of the Heart and you can call on her at anytime you desire her help.

Heart 13



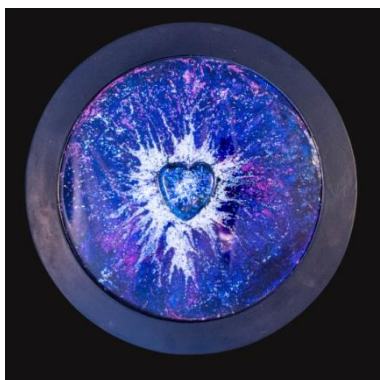
The Collective Human Heart

Imagine, that right at this very moment there are 7.9 Billion hearts all beating the same rhythm all over the world. In this minute, and every minute of the day, 250 babies are born and their hearts instantly beat to Humanity's heartbeat.

The heart doesn't know what race, colour, size or shape the baby is, it just begins to beat to the rhythm of the Collective Human Heart, they all beat the same. The magic of Humanity is that everyone instantly belongs, no-one is left out. When a life is born, they have all the potential to live a full and loving life, to participate fully in Humanity and to make the difference they were born to make.

Remember, you belong to the greatest group on Earth, the Collective Human Heart. Let your heart beat in unison with the love of Humanity.

Heart 14

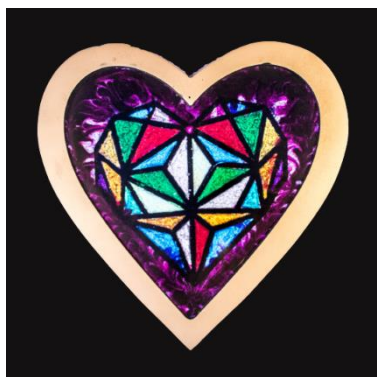


Loving Yourself

This heart shows you the trillions of sparks of loving energy, compassion and understanding that you have added to the Collective Human Heart. Your role here is vital, give of yourself to yourself, and give to others as if it was yourself and Humanity will prosper beyond belief.

Every moment of everyday you have an opportunity to engage, energise and expand Humanity's Heart. Every feeling that is ever emitted from your heart is like an iridescent glow, a spark of energy that travels through your heart and out into the ether. It begins with the way you speak to yourself from the heart, respect for yourself IS respect for Humanity. This is because you are part of Humanity, therefore, the love you have for yourself is also the love you have for Humanity.

Heart 15



Stained Glass Window

I wonder if you could imagine that you have a magical looking glass and that you can see through the deep blue outer layer of this heart and see it as a beautiful stained glass window. There's a special place in this heart for all the people that touched them in a deep and meaningful way.

Imagine if the connection was a spiritual one and resonated with the deep purple sections of the heart. What if it was a dynamic, fiery connection, it might be the sparkling red segments. Perhaps the earthy greens are the times when the relationship was one which shares the important love of the earth and all the gardens within it, at one with nature.

The gold might be a connection to source, its vibrant colour bringing meaning to all relationships, or the beautiful bright blue representing long term friendships that have a permanent place in our hearts. The green and silver in the centre of the heart balance the love between a life partner and the love of children and grandchildren, or a life purpose that has been fully manifested. These parts of the heart are central to all that is. The outer blue layer is the love of self that influences every experience.

Look inside this heart and see that each part is just as important as all the others, they are connected and inform each other about all the amazing heart experiences of life. Each heart is special and magnificent, look deeply into them and see they are a home where life's magical journey is stored and remembered.

Heart 16



Window to the Soul

The human heart is the window to the soul and the expression of eternity on earth. The radiant sparkling deep blue energy of the universe encircles the heart gathering all the colours of the universe that will manifest in life's richest blessings on earth. The Soul enters through the human heart.